

SPARKS QUESTIONNAIRE

NAME: _____

I would like to get to know you better. In order to help me do that, please tell me about your sparks, which are your deepest interests and talents.

1. Please list one or more of your sparks.
2. How do you feel when you are involved with your sparks.
3. Do you do anything to get better at your sparks? If so, what do you do?
4. Is there anyone in your life who helps you get better at your sparks? If so, who is that and what do they do?
5. Have you learned any valuable lessons about life through your sparks?
6. What is something that most people don't know about your sparks?