

## POSSIBLE SELF – PLANNING FORM

|               | <b>IMAGINED FUTURE</b><br>What will your life be like in each category? | <b>GATEWAYS</b><br>What major experiences will you have to go through to reach your Imagined Future in each category? | <b>OBSTACLES</b><br>What things could stop you from achieving your Imagined Future in each category? |
|---------------|---|---|--|
| <b>FAMILY</b> |   |   |  |
| <b>FUN</b>    |   |   |  |
| <b>CAUSES</b> |   |   |  |
| <b>WORK</b>   |   |   |  |