

# October 2020

**\$3.00 Suggested Donation**

Menu Items are subject to change due to being unavailable to obtain.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>All menu items may Contain nuts, seeds, beans, wheat bran, eggs, and other allergens</i></p>	<p><i>Funded in part by the US Administration on Aging and state funds by the Rhode Island Office of Healthy Aging</i></p>		<p><b>1</b> Juice <b>Corned Beef &amp; Swiss w/Mustard on Rye</b> Chips Pudding Milk</p>	<p><b>2</b> Juice <b>Seafood Salad on Bulky Roll</b> Chips Fresh Fruit Milk</p>
<p><b>5</b> Juice <b>Turkey Salad on Multi Grain</b> Pretzels Lorna Doones Milk</p>	<p><b>6</b> Juice <b>Honey Ham &amp; Cheese on Marble w/Mustard</b> Corn Chips Fresh Fruit Milk</p>	<p><b>7</b> Juice <b>Chicken Salad on Pumpernickel</b> Chips Pudding Milk</p>	<p><b>8</b> Juice <b>Meatballs w/Marinara Sauce on Grinder Roll</b> Multi Grain Chips Fresh Fruit Milk</p>	<p><b>9</b> Juice <b>Tuna Salad Wheat Roll</b> Chips Fruit Cup Milk</p>
<p><b>12</b> <b>CLOSED</b> <b>Columbus Day</b></p>	<p><b>13</b> Juice <b>Roasted Chicken Loaf on Bulky Roll w/Mayo</b> Chips Fig Bar Milk</p>	<p><b>14</b> Juice <b>Shrimp Salad on Pi-ta</b> Chips Fresh Fruit Milk</p>	<p><b>15</b> Juice <b>Salami &amp; Cheese w/Mustard on Wheat</b> Chips Pudding Milk</p>	<p><b>16</b> Juice <b>Roasted Beef &amp; Cheese on Multi Grain w/Mayo</b> Chips Fruit Cup Milk</p>
<p><b>19</b> Juice <b>Chicken Salad on Oatmeal Bread</b> Chips Fresh Fruit Milk</p>	<p><b>20</b> Juice <b>Baked Ham &amp; Cheese on 9-Grain w/Mustard</b> Pretzels Pudding Milk</p>	<p><b>21</b> Juice <b>Seafood Salad on Bulky Roll</b> Chips Fresh Fruit Milk</p>	<p><b>22</b> Juice <b>Turkey &amp; Cheese on Multi Grain w/Mayo</b> Chips Fruit Cup Milk</p>	<p><b>23</b> Juice <b>Italian Tuna on Oat Nut</b> Chips Cookies Milk</p>
<p><b>26</b> Juice <b>Low Sodium Hot Dog on a Roll w/Mustard</b> Chips Fruit Milk</p>	<p><b>27</b> Juice <b>Grilled Chicken on a Bulky Roll</b> Chips Granola Bar Milk</p>	<p><b>28</b> Juice <b>Tuna Salad on 9-Grain</b> Chips Fresh Fruit Milk</p>	<p><b>29</b> Juice <b>Corned Beef &amp; Swiss w/Mustard on Pumpernickel</b> Chips Pudding Milk</p>	<p><b>30</b> Juice <b>Egg Salad on a Croissant</b> Chips Cookies Milk</p>